

## **CONGREGATE MEALS PROGRAM**

The Congregate Meals Program is offering a freshly prepared, nutritious lunch.

You can pick up or stay and dine option.

Older adults (age 60+) are invited.

Dates: Monday through Friday

Time: 11:30 am - 1 pm

Location: Salerno's Pizzeria and Sports Bar

9301 W. 63rd Street, Hodgkins, IL

Cost: \$3.00 donation

RSVP: Please call 708-603-2269 by 4 pm to reserve for the

next day meal or to cancel an existing reservation

Funded in part by:



Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statues. If you feel you have been discriminated against call (708) 354-1323.

## SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 1	APRIL 2	APRIL 3	APRIL 4	APRIL 5
SAUSAGE PIZZA W/ EXTRA THIN CRUST	HAM & CHEESE SUB SANDWICH – 3 OZ	SPAGHETTI W/ MEATBALLS - 1/2 C	CHICKEN MARSALA- 3 0Z	COD
	_			MASHED POTATOES - ½ C
	W/ LETTUCE & TOMATO	VEGGI – 1/2C	W/MUSHROOMS, ONIONS &	VEGGI – 3 OZ
BREAD - 4 0Z.	CHIPS	BREAD - 4 OZ.	MOSTACCIOLI - 1/2 C VEGGI	BREAD
FRUIT	FRUIT	FRUIT	VEGGIE - 1/2 C	FRUIT
MILK - 8 OZ.	MILK - 8 OZ.	MILK - 8 OZ.	BREAD - 4 OZ.	MILK - 8 OZ.
			MILK - 8 OZ.	
MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
APRIL 8	APRIL 9	APRIL 10	APRIL 11	APRIL 12
MEATBALL SANDWICH - 3 OZ.	CHILI WITH ONIONS, CHEESE &	BLT SANDWICH – 3 OZ	CHICKEN ALFREDO - 3 OZ.	HAMBURGER ON A BUN - 3 OZ
W/RED SAUCE & CHEESE	SOUR CREAM - 8 OZ	CHIPS	VEGGI - 1/2 C	W/TOMATO, LETTUCE, & ONION
FRIES - 1/2 C	BREAD - 4 OZ.	FRUIT	BREAD - 4 OZ.	FRIES - 1/2 C
FRUIT	FRUIT	MILK - 8 OZ.	FRUIT	FRUIT
MILK - 8 OZ.	MILK - 8 OZ.		MILK - 8 OZ.	MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 15	APRIL 16	APRIL 17	APRIL 18	APRIL 19
RAVIOLI W/MEAT SAUCE - 1/2 C	TURKEY CLUB - 3 OZ.	TUNA SALAD - 3 OZ.	CHICKEN - 3OZ	BOW TIE PASTA PRIMAVERA - 1/2 C
VEGGI - 1/2 C	W/ LETTUCE, TOMATO & BACON	PASTA SALAD - 1/2 C	MASHED POTATOES & GRAVY - 1/2 C	W/ VEG, GARLIC OIL, SAUCE
BREAD - 4 0Z.	CHIPS - 1/2C	CRACKERS	BREAD - 4 OZ.	BREAD - 4 0Z.
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
MILK - 8 OZ.	MILK - 8 OZ.	MILK - 8 OZ.	MILK - 8 OZ.	MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 22	APRIL 23	APRIL 24	APRIL 25	APRIL 26
VODKA PASTA & BROCCOLI ½ C	EGGPLANT PARMESAN - 3 OZ.	CHOPPED SALAD W/CHICKEN, BLUE	CHICKEN TENDERS - 3 OZ	RIGGATONI W/ SAUSAGE
BREAD- 4 OZ	VEGGIE - 1/2 C	CHEESE, TOMATOES, BACON, BLK	MAC & CHEESE - 1/2 C	VEGGI – ½ C
		OLIVES, EGG 2 OZ. EA		
MILK – 8 OZ	BREAD - 4 OZ.	BREAD - 4 OZ.	BREAD - 4 OZ.	BREAD - 4 0Z.
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
TROIT	MILK - 8 OZ.	MILK - 8 OZ.	MILK - 8 OZ.	MILK - 8 OZ.
	WILK - 5 OZ.	WILK - 8 02.	WIEK 8 62.	WILK - 8 GZ.
MONDAY	TUESDAY			MENU SUBJECT TO CHANGE
APRIL 29	APRIL 30			DUE TO AVAILABILITY OF ITEMS
VEGGIE PIZZA, GR PEPPER, ONION	SPAGHETTI & MEAT BALLS - 1/2 C			SUGGESTED DONATION \$3
CHEESE, EXTRA THIN CRUST - 3 OZ.	VEGGI - 1/2 C			TO RESERVE A LUNCH CALL
FRUIT	BREAD - 4 OZ.			708-603-2269
MILK - 8 OZ.	FRUIT			BEFORE 4 PM ON THE PREVIOUS DAY
	MILK - 8 OZ.			LEAVE A MESSAGE
				PICK UP IS 11:30-1
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