



## CONGREGATE MEALS PROGRAM

The Congregate Meals Program is offering a freshly prepared, nutritious lunch.

You can pick up or stay and dine option.

Older adults (age 60+) are invited.

Dates: Monday through Friday

Time: 11:30 am - 1 pm

Location: Salerno's Pizzeria and Sports Bar  
9301 W. 63rd Street, Hodgkins, IL

Cost: \$3.00 donation

RSVP: Please call 708-603-2269 by 4 pm to reserve for the next day meal or to cancel an existing reservation

Funded in part by: 

Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against call (708) 354-1323.

708-354-1323 111 W. Harris Ave., La Grange, IL 60525 [www.agingcareconnections.org](http://www.agingcareconnections.org)



## SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - MAY 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TO RESERVE A LUNCH CALL		MAY 1	MAY 2	MAY 3
708-603-2269 BEFORE 4 PM ON THE PREVIOUS DAY LEAVE A MESSAGE CALLS WILL NOT BE RETURNED  MENU SUBJECT TO CHANGE	This menu is approved for use by title III C Nutrition Programs. K. Leicht, RD LDN MBA	HAMBURGER ON A BUN- 3 OZ W/ LETTUCE, TOMATO & ONION MAC & CHEESE - 1/2 C FRUIT MILK - 8 OZ.	CHICKEN ALFREDO - W/ PASTA 3 OZ VEGGI - 1/2 C BREAD 4 OZ. FRUIT MILK - 8 OZ.	MEATBALL SANDWICH - 3 OZ W/ RED SAUCE & CHEESE FRIES - 1/2 C FRUIT MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6-May	7-May	8-May	9-May	10-May
SPAGHETTI W/MEATBALLS - 1/2 C & 3 OZ VEGGI 1/2 C BREAD 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	TURKEY CLUB -3 OZ W/ BACON,LETTUCE LETTUCE, TOMATO) - 3 OZ CHIPS FRUIT MILK - 8 OZ.	TUNA SALAD - 3 OZ PASTA SALAD - 1/2 C CRACKERS FRUIT MILK - 8 OZ.	LEMON CHICKEN - 3OZ RICE & GRAVY 1/2 C VEGGI - 1/2 C FRUIT CUP - MILK - 8 OZ.	SAUSAGE PIZZA W/ EX THIN CRUST - 3 OZ  FRUIT MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13-May	14-May	15-May	16-May	17-May
BBQ BEEF - 3 OZ FRIES - 1/2 C  FRUIT - 1/2 C MILK - 8 OZ.	JULIAN SALAD W/ HAM, TURKEY, CHEESE, TOMATOES - 2 OZ EA BREAD - 4 OZ. FRUIT MILK - 8 OZ.	EGGPLANT PARMESAN -3 OZ VEGGI 1/2 C BREAD- 4 OZ. FRUIT MILK - 8 OZ.	CHICKEN MARSALA - 3 OZ W/ MUSHROOMS, ONIONS, MOSTAC. BREAD - 4 OZ. FRUIT MILK - 8 OZ.	SAUSAGE SANDWICH W/ GR PEPPERS FRIES 1/2 C  FRUIT MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20-May	21-May	22-May	23-May	24-May
CHEESE PIZZA W/ EX THIN CRUST - 3 OZ  FRUIT MILK - 8 OZ.	TORTALINI - 1/2 C W/ CREAM SAUCE VEGGIE 1/2 C FRUIT BREAD - 4 OZ. MILK - 8 OZ.	CHEESBURGER ON A BUN - 3 OZ W/ LETTUCE, TOMATO & ONION FRIES 1/2 C FRUIT MILK - 8 OZ.	CHICKEN TENDERS - 3 OZ MAC & CHEESE - 1/2 C BREAD - 4 OZ. FRUIT MILK - 8 OZ.	LASAGNA VEGGI - 1/2 C FRUIT MILK - 8 OZ. BREAD - 4 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27-May	28-May	29- MAY	30- MAY	31-MAY
RIGGATONI W/ SAUSAGE - 3 OZ VEGGI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.	BLT - BACON - 3 OZ, TOMATO, LETTUCE MAYO CHIPS FRUIT MILK - 8 OZ.	CHOPPED SALAD W/CHICKEN, PASTA CHEESE, TOMATOES, BACON, EGG OLIVES - 2 OZ. EA FRUIT MILK - 8 OZ. BREAD - 4 OZ.	CHICKEN - 3 OZ MASHED POTATOES - & GRAVY 1/2 C VEGGI - 1/2 C FRUIT MILK - 8 OZ. BREAD - 4 OZ.	VODKA FETTUCCINI PASTA - 1/2 C - W/BROCCOLI BREAD - 4 OZ. FRUIT MILK - 8 OZ.