



**The Congregate Meals Program offers a freshly prepared, nutritious lunch all while enjoying the company of friends.**

**Days:** Monday through Friday

**Time:** 11:30 am - 1:30 pm

**Location:** La Bella Events

5412 LaGrange Rd., Countryside, IL 60525

**Cost:** \$3.00 suggested donation

**IMPORTANT:** Reservations are required; those with reservations are served first.

Please call **708- 603-2269** 48 hours in advance to make a reservation or to cancel a reservation, as all meals are freshly prepared per order.

**Eligibility:**

The following individuals qualify for Congregate Meals at the suggested donation rate of \$3.00/meal. Any eligible individual who cannot donate is still able to receive a meal at absolutely no cost.

- 60+ Older adult
- 60+ Older adult's spouse who is lawfully married regardless of sex and age
- Individuals with disabilities who reside with a 60+ older adult in a noninstitutional household

**Guest Policy**

- 60+ older adults may bring a guest or caregiver under the age of 60
- The guest must pay the full cost of the meal

Funded in part by: 

**Anti-Discrimination Statement**

Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call 708-354-1323.


**Aging Care Connections 111 W. Harris Ave., La Grange, Illinois 60525 | P: 708-354-1323 W:**

**[AgingCareConnections.org](http://AgingCareConnections.org) | E: [info@agingcareconnections.org](mailto:info@agingcareconnections.org)**

# Congregate Menu

## JUNE 2026

Lunch is served everyday at 11:30am - 1:30pm  
Must call and register 48-hours in advance!  
Meals limited to 50 people a day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>• <b>BBQ Ribs</b></li> <li>• <b>Mashed potato &amp; gravy</b></li> <li>• <b>Corn</b></li> <li>• <b>Coleslaw</b></li> </ul> <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> <li>• <b>Pork in green sauce</b></li> <li>• <b>Mexican rice</b></li> <li>• <b>Charro beans</b></li> <li>• <b>Grilled carrots &amp; cauliflower</b></li> </ul> <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> <li>• <b>Cheese lasagna</b></li> <li>• <b>Grilled zucchini</b></li> <li>• <b>Sautéed mushrooms</b></li> <li>• <b>Garlic bread</b></li> </ul> <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> <li>• <b>Chicken limone</b></li> <li>• <b>Linguini noodles</b></li> <li>• <b>Steamed broccoli</b></li> <li>• <b>Bread</b></li> </ul> <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> <li>• <b>Garlic shrimp</b></li> <li>• <b>Aioli pasta</b></li> <li>• <b>Grilled asparagus</b></li> <li>• <b>Roasted sweet potato cubes</b></li> <li>• <b>Bread</b></li> </ul> <p style="text-align: right;">5</p>
<ul style="list-style-type: none"> <li>• <b>French toast</b></li> <li>• <b>Scrambled eggs</b></li> <li>• <b>Hash browns</b></li> <li>• <b>Bacon</b></li> </ul> <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> <li>• <b>Steak tacos</b></li> <li>• <b>Mexican rice &amp; beans</b></li> <li>• <b>Mexican zucchini</b></li> </ul> <p style="text-align: right;">9</p>	<p style="text-align: center; font-size: 2em;"><b>Pizza Bar</b></p> <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> <li>• <b>Chicken parmesan</b></li> <li>• <b>Alfredo pasta</b></li> <li>• <b>Sautéed peppers &amp; onions</b></li> <li>• <b>French fries</b></li> </ul> <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> <li>• <b>White fish</b></li> <li>• <b>White rice</b></li> <li>• <b>Green beans</b></li> <li>• <b>Garlic bread</b></li> </ul> <p style="text-align: right;">12</p>
<ul style="list-style-type: none"> <li>• <b>Italian beef</b></li> <li>• <b>Grilled peppers &amp; onions</b></li> <li>• <b>Pasta with marinara sauce</b></li> <li>• <b>French fries</b></li> </ul> <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> <li>• <b>Ground beef quesadillas</b></li> <li>• <b>Mexican rice</b></li> <li>• <b>Charro beans</b></li> <li>• <b>Grilled veggies</b></li> </ul> <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> <li>• <b>Italian sausage sub</b></li> <li>• <b>Mostaccioli with marinara sauce</b></li> <li>• <b>Sautéed peppers &amp; onions</b></li> <li>• <b>French fries</b></li> </ul> <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> <li>• <b>Chicken vesuvio</b></li> <li>• <b>Linguini broccoli with white wine sauce</b></li> <li>• <b>Roasted potatoes</b></li> <li>• <b>Bread</b></li> </ul> <p style="text-align: right;">18</p>	<div style="text-align: center;">  <p><b>ACC Closed</b></p> </div> <p style="text-align: right;">19</p>
<ul style="list-style-type: none"> <li>• <b>Sausage &amp; peppers</b></li> <li>• <b>Pasta with marinara sauce</b></li> <li>• <b>Roasted brussel sprouts</b></li> <li>• <b>Dinner rolls</b></li> </ul> <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> <li>• <b>Chicken enchiladas</b></li> <li>• <b>Mexican rice</b></li> <li>• <b>Mexican zucchini</b></li> <li>• <b>Adobo potatoes</b></li> </ul> <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> <li>• <b>Pancakes</b></li> <li>• <b>Scrambled eggs</b></li> <li>• <b>Sausage</b></li> <li>• <b>Tator tots</b></li> <li>• <b>Yogurt station</b></li> </ul> <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> <li>• <b>Orange chicken</b></li> <li>• <b>Lo Mein</b></li> <li>• <b>White Rice</b></li> <li>• <b>Sautéed cabbage</b></li> </ul> <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> <li>• <b>Meatloaf</b></li> <li>• <b>Mashed potatoes with gravy</b></li> <li>• <b>Green beans</b></li> <li>• <b>Corn</b></li> </ul> <p style="text-align: right;">26</p>
<ul style="list-style-type: none"> <li>• <b>Fried chicken</b></li> <li>• <b>Mac &amp; Cheese</b></li> <li>• <b>Mashed potatoes with gravy</b></li> <li>• <b>Coleslaw</b></li> </ul> <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> <li>• <b>Chicken tinga tostadas</b></li> <li>• <b>Mexican rice &amp; beans</b></li> <li>• <b>Corn</b></li> </ul> <p style="text-align: right;">30</p>		<p style="text-align: center;">To reserve a lunch, please call (708) 603-2269 48 hours in advance before 12:00PM and leave a message. The menu is subject to change. Dine-In ONLY! No walk-ins.</p> <p style="text-align: center;"><u>Our Congregate Meals is served at La Bella Events:</u> 5412 LaGrange Rd. Countryside, IL 60525</p>	

**Milk, bread, coffee, soup, salad, and veggies served daily.**  
**A \$5 donation is suggested to support our programs!**  
**Other options available daily.**