



CONGREGATE MEALS PROGRAM

The Congregate Meals Program is offering a freshly prepared, nutritious lunch.

You can pick up or stay and dine option.

Older adults (age 60+) are invited.

Dates: Monday through Friday

Time: 11:30 am - 1 pm

Location: Salerno's Pizzeria and Sports Bar
9301 W. 63rd Street, Hodgkins, IL

Cost: \$3.00 donation

RSVP: Please call 708-603-2269 by 4 pm to reserve for the next day meal or to cancel an existing reservation

Funded in part by: 

Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against call (708) 354-1323.

708-354-1323 111 W. Harris Ave., La Grange, IL 60525 www.agingcareconnections.org



SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - MAY 2023



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAY 1		MAY 2		MAY 3		MAY 4		MAY 5	
RAVIOLI W/MEAT SAUCE - 1/2 C VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		TUNA SALAD - 3 OZ. PASTA SALAD - 1/2C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		CHEESEBURGER ON A BUN - 3 OZ. WITH LETTUCE, TOMATO & ONION MAC & CHEESE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		CHICKEN VESUVIO W/EX SAUCE - 3 OZ VESUVIO POTS - 1/2 C W/ EX SAUCE VEGGI - 1/2 C FRUIT - 1/2 C BREAD - 4 OZ. MILK - 8 OZ.		2 TACOS - 3 OZ. RICE - 1/2 C SALAD - 1/2 C FRUIT - 1/2 C MILK - 8 OZ.	
									
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAY 8		MAY 9		MAY 10		MAY 11		MAY 12	
HOT BEEF SANDWICH - 3 OZ FRIES - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		SPAGHETTI - 1/2 C W/MEATBALLS - 3 OZ BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		JULIAN SALAD W/HAM, TURKEY, CHEESE, TOMATOES - 2 OZ EA BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		LEMON CHICKEN - 3OZ. RICE & GRAVY - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		SAUSAGE PIZZA W/ EX THIN CRUST - 3 OZ. FRUIT - 1/2 C MILK - 8 OZ.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAY 15		MAY 16		MAY 17		MAY 18		MAY 19	
BAKED MOSTACCIOLI WITH MEAT SAUCE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		BEEF SAND SERVED OPEN FACE ON BREAD - 3 OZ MASHED POTATOES & GRAVY - 1/2 C VEGGIE - 1/2 C FRUIT - 1/2 C MILK - 8OZ.		SOUP OF THE DAY - 8 OZ MAC & CHEESE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		STUFFED CHICKEN BREAST - 3 OZ WITH STUFFING - 1/2 C VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		SPAGHETTI ALFREDO - 3OZ. BROCCOLI - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAY 22		MAY 23		MAY 24		MAY 25		MAY 26	
TURKEY CLUB WITH BACON, LETTUCE AND TOMATO - 3 OZ BREAD - 4 OZ. FRUIT - 1/2 C MILK - 8 OZ.		EGGPLANT PARMESAN - 3OZ. VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		JULIAN SALAD W/HAM, TURKEY, CHEESE, TOMATOES - 2 OZ EA BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		CHICKEN LEG QUARTER - 3 OZ VEGGIE - 1/2 C BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		VEGGI PIZZA W/ EXTRA THIN CRUST - 3 OZ FRUIT - 1/2C BREAD - 4 OZ. MILK - 8 OZ.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAY 23		MAY 30		MAY 31		JUNE 1		JUNE 2	
CLOSED 		LASAGNA - 3OZ. BREAD - 4 OZ. FRUIT - 1/2C MILK - 8 OZ.		BLT SANDWICH (BACON, MAYO, TOMATO, LETTUCE) - 3 OZ MAC & CHEESE - 1/2 C FRUIT - 1/2 C MILK - 8OZ.					

Soup of the day will be served.

TO RESERVE CALL 708-603-2269 EXT 269

All items may be subject to change.