



# **Congregate Meals Program**

## **Please join us for Lunch!**

**Salerno's Pizzeria & Sports Bar**  
**9301 W. 63rd Street, Hodgkins, IL**  
**Monday—Friday**  
**Lunch begins at 11:30am**

Older adults (age 60+) are invited to enjoy a freshly prepared, nutritious lunch and entertaining activities. To view the menu, please visit [www.agingcareconnections.org](http://www.agingcareconnections.org).

Please call 708-354-1323 to make reservations and cancellations by **NOON** the day prior to attendance.

The program is funded in part by AgeOptions and Title III-C of the Older Americans Act.



The Senior Lunch Site is operated by Aging Care Connections, in partnership with Salerno's.


Se habla español.

**Suggested  
Donation  
\$2.50**

































## SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS -JUNE 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAY 28	MAY 29	MAY 30	MAY 31	JUNE 1
<b>CLOSED - MEMORIAL DAY</b> 	RAVIOLI W/CHEESE - 3 OZ. ZUCCHINI W/TOMATOES - 1/2C NAVY BEAN SOUP W/PORK - 3/4C GARLIC BREAD - 2 OZ. FRUIT - 1/2C MILK - 8 OZ.	JULIAN SALAD W/MEAT, CHEESE, TOMATO - 2 C CREAM OF SPINACH SOUP - 3/4C GRAHAM CRACKERS - 2 GARLIC BR - 2 OZ. FRUIT - 1/2C MILK - 8 OZ.	BBQ CHICKEN LEG QUARTER - 3 OZ. POTATO SALAD - 1/2C BAKED BEANS - 1/2C SALAD W/TOMATOES - 1C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	TILAPIA-3 OZ. MAC AND CHEESE-1/2 C BROCCOLI & CAULIFLOWER-1/2 C WHOLE WHEAT BREAD- 1 SLS COTTAGE CH W/PEACHES - 1/2 C MILK-8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 4	JUNE 5	JUNE 6	JUNE 7	JUNE 8 - ALTERNATE MEAL
SPAGHETTI AND MEATBALLS – SPAGHETTI - 1/2 C, MEAT-3 OZ. SALAD W/TOMATOES-1 C GREEN BEANS-1/2 C GARLIC BREAD-2 OZ. FRUIT-1/2 C MILK-8 OZ.	STUFFED CHICKEN BREAST-3 OZ, STUFFING W/GRAVY 1/2 C SALAD W/TOMATOES-1 C RYE BREAD -1 SLICE CRANBERRY SAUCE - 1/2C CORN-1/2 C MILK-8 OZ.	PULLED PORK ON A BUN-3 OZ. ROASTED POTATOES-1/2 C BAKED BEANS-1/2 C COLE SLAW-1/2 C CREAM OF CELERY SOUP-3/4 C FRUIT-1/2 C MILK-8 OZ.	MEAT LOAF-3 OZ. BROWN RICE W/GRAVY-1/2 C PEAS AND CARROTS-1/2 C FRENCH BREAD-2 SLS. FRUIT-1/2 C MILK-8 OZ.	SUBMARINE SANDWICH- 3 OZ. MEAT OR TURKEY CLUB SANDWICH W/BACON ON WH WHEAT BR - 3 OZ. POT SALAD-1/2 C PICKLED BEETS-1/2 C TOMATO CHICK ROSA MARINA SOUP-3/4 C FRUIT-1/2 C MILK-8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 11	JUNE 12	JUNE 13	JUNE 14	JUNE 15
CHICKEN SALERNO W/SAUSAGE, MUSH, ONIONS, POTATOES -2 OZ. OF EACH INGREDIENT GREEN BEANS-1/2 C FRENCH BREAD-2 SLS. FRUIT-1/2 C MILK-8 OZ.	EGGPLANT PARMIGIANA -3 OZ GARLIC BREAD-2OZ NOODLES IN VODKA SAUCE-1/2 C SALAD W/TOMATOES-1 C CREAM OF SPINACH SOUP-3/4 C FRUIT-1/2 C MILK-8 OZ.	TILAPIA-3 OZ. SCALLOPED POTATOES-1/2 C MIXED VEGETABLES-1/2 C RYE BREAD-2 SLS. FRUIT-1/2 C MILK-8 OZ.	BR. PORK TENDERLOIN IN GRAVY-3 OZ. MASHED SWEET POTATOES-1/2 C BOILED CABBAGE-1/2 C SALAD W/TOMATOES - 1C CR OF MUSHROOM SOUP-3/4 C FRENCH BREAD-2 SLS. FRUIT-1/2 C MILK-8 OZ.	GRILLED CHEESE W/BACON ON WHOLE WHEAT BREAD-3 OZ. BAKED BEANS-1/2 C TOMATO BROWN RICE SOUP-3/4 C FRUIT-1/2 C MILK-8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 18	JUNE 19	JUNE 20 - ALTERNATE MEAL	JUNE 21	JUNE 22
CHICKEN PICANTE' -3 OZ. BAKED POTATO 4 OZ W/SOUR CREAM SALAD W/TOMATOES-1 C SPINACH-1/2 C GARLIC BR-2 OZ. GRAHAM CRACKERS - 2 FRUIT-1/2 C MILK-8 OZ.	CHICK TACOS (2) ON WHOLE WHEAT TORTILLA W/CHEESE/TOMATO/ LETTUCE/SOUR CREAM & SALSA SPANISH RICE-1/2 C REFRIED BEANS-1/2 C FRUIT-1/2C MILK-8 OZ.	CHEESE OR CH & SAUSAGE PIZZA W/ MUSH, GR PEP, & ONION 3 OZ. MEAT 2 OZ. CHEESE,VEGETABLES 2 OZ. SALAD W/TOMATOES-1 C CREAM OF BROCCOLI SOUP-3/4 C FRUIT-1/2 C MILK-8 OZ.	CHICKEN LEG QUARTER-3 OZ. BROWN RICE W/GRAVY-1/2 C ZUCCHINI W/TOMATOES-1/2 C CREAM OF CHICKEN SOUP-3/4 C FRENCH BREAD-2 SLS. FRUIT-1/2 C MILK-8 OZ.	BROCCOLI, CHICKEN BROWN RICE CASSEROLE-1 C CREAM OF MUSHROOM SOUP-3/4 C CARROTS - 1/2C WHOLE WHEAT BREAD- 1 SL. FRUIT-1/2 C MILK-8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 25	JUNE 26	JUNE 27	JUNE 28 - TASTE OF SALERNO'S	JUNE 29
CHEESE RAVIOLI WITH 2 MEAT BALLS-3 OZ., CHEESE, 2 OZ. MEAT CORN - 1/2 C NAVY BEAN SOUP W/PORK-3/4 C GARLIC BREAD-2 OZ. FRUIT-1/2 C MILK- 8 OZ.	SWEET & SOUR CHICKEN-3 OZ. BROWN RICE-1/2 C BROCCOLI-1/2 C FRENCH BREAD-2 SLS. FRUIT-1/2 C MILK-8 OZ.	JULIAN SALAD W/ CHEESE, MEAT TOMATOES- 1 C LETTUCE, 2 OZ. 2 OZ. EACH CHEESE, MEAT, TOMATOES CREAM OF POTATO SOUP-3/4 C FRENCH BREAD-2 SLICES FRUIT-1/2 C MILK-8 OZ.	CHICKEN VESUVIO-2 OZ. CHICKEN PARMESAN-2 OZ., VESUVIO POTATOES-1/2 C SALAD W/TOMATOES-1 C GARLIC BR-2 OZ. SPINACH-1/2 C GRAHAM CRACKERS - 2 FRUIT-1/2 C MILK-8 OZ.	CHEESEBURGER ON A BUN -4 OZ. ROASTED POTATOES-1/2 C BAKED BEANS-1/2 C COLE SLAW-1/2 C COTTAGE CHEESE W/ PEACHES-1/2 C MILK-8 OZ.

TO RESERVE CALL 708-354-1323

## SALERNO'S CONGREGATE ACTIVITIES FOR AGING CARE CONNECTIONS - JUNE 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>APRIL 30</b> <b style="color: red;">MAY 28 CLOSED MEMORIAL DAY</b>  <b>THANK YOU !</b>	<b>MAY 29</b> 12:45 P.M. - <b>FORTUNE BINGO</b> 	<b>MAY 30</b> 12:30 YAHTZEE  <b>FRENCH SILK PIE - DONATION \$1.00</b>	<b>MAY 31</b> 12:45 P.M. - BINGO 	<b>JUNE 1</b> <b>NATIONAL DONUT DAY</b> 
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>JUNE 4</b> <b>NATIONAL CHEESE DAY</b> 10:00 A.M. ADVISORY COUNCIL 12:45 P.M. - <b>PO-KENO</b>  	<b>JUNE 5</b> 12:45 P.M. - <b>FORTUNE BINGO</b> 	<b>JUNE 6</b> 12:30 P.M. - ACES <b>CARD GAME</b> 	<b>JUNE 7</b> <b>CHOCOLATE</b> <b>ICE CREAM DAY</b>   12:45 P.M. - <b>MYSTERY BINGO</b>	<b>JUNE 8</b> 12:30 P.M. - LEFT, <b>RIGHT, CENTER CARD GAME</b> 
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>JUNE 11</b>  <b>EVERYTHING CHOCOLATE</b> <b>PO-KENO</b> 12:45 P.M. - 	<b>JUNE 12</b> 12:00 NOON - PREVENTING FALLS PRESENTATION BY <b>HUMANA HEALTH CARE</b> 12:45 P.M. - <b>FORTUNE BINGO</b> <b>NATIONAL PEANUTBUTTER</b> <b>COOKIE DAY</b>  	<b>JUNE 13</b> <b>COLORFUL LUNCH - BLUE - 2 WINNERS</b> <b>NO RIBBONS, SHOES, SOCKS, HATS</b> <b>BOWS, SHOES -ONLY SHRITS</b> <b>(NO WRITING) OR PANTS</b> 	<b>JUNE 14</b> <b>FATHER'S DAY CELEBRATION</b>  12:45 - BINGO 	<b>JUNE 15</b> <b>BLUE PLATE SPECIAL -</b> <b>SUGGESTED DONATION \$1.25</b> 
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>JUNE 18</b> 12:45 P.M. - <b>COOKIE</b> <b>PO-KENO</b>  	<b>JUNE 19</b> 12:45 P.M. - <b>FORTUNE BINGO</b> 	<b>JUNE 20</b> 12:30 P.M. - <b>HEARTLAND BANK</b> <b>SPONSORS BINGO</b> <b>ROOT BEER FLOAT -</b> <b>DONATION \$1.00</b> 	<b>JUNE 21</b> 12:45 P.M. - BINGO 	<b>JUNE 22</b>  <b>CHOCOLATE ECLAIR DAY</b>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>JUNE 25</b> 12:45 P.M. - <b>PO-KENO</b> 	<b>JUNE 26</b> 12:45 P.M. - <b>FORTUNE BINGO</b> 	<b>JUNE 27</b> <b>NATIONAL SUNGLASSES DAY</b> 	<b>JUNE 28</b> <b>TASTE OF SALERNO'S</b> 12:45 P.M. - <b>BINGO</b> 	<b>JUNE 29</b> 12:30 P.M. - <b>ACES CARD GAME</b> 