



# **Congregate Meals Program**

## **Please join us for Lunch!**

**Salerno's Pizzeria & Sports Bar**  
**9301 W. 63rd Street, Hodgkins, IL**  
**Monday—Friday**  
**Lunch begins at 11:30am**

Older adults (age 60+) are invited to enjoy a freshly prepared, nutritious lunch and entertaining activities. To view the menu, please visit [www.agingcareconnections.org](http://www.agingcareconnections.org).

Please call 708-354-1323 to make reservations and cancellations by **NOON** the day prior to attendance.

The program is funded in part by AgeOptions and Title III-C of the Older Americans Act.



The Senior Lunch Site is operated by Aging Care Connections, in partnership with Salerno's.


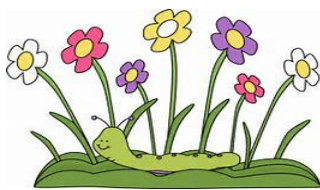


Se habla español.

**Suggested  
Donation  
\$2.50**


























## SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - APRIL 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 2	APRIL 3	APRIL 4	APRIL 5	APRIL 6 - ALTERNATE MEAL
SHELLS STUFFED W/ CHEESE (2) - 3 OZ. SPINACH - 1/2C CREAM OF MUSHROOM SOUP - 3/4C GARLIC BREAD - 2 OZ. FRUIT - 1/2C MILK - 8 OZ.	BREADED PORK TENDERLOIN W/GRAVY ROASTED POTATOES - 1/2C SAUERKRAUT - 1/2C APPLESAUCE - 1/2C FRENCH BREAD - 2 SLS. MILK - 8 OZ.	CHICKEN SALERNO W/SAUSAGE, MUSH, POTATOES, & ONIONS - 2 OZ. EA SALAD W/TOMATOES - 1C CAULIFLOWER - 1/2C FRENCH BREAD - 2SLS. FRUIT - 1/2C MILK - 8 OZ.	BACON MUSHROOM CHICKEN - 3OZ. BROWN RICE - 1/2C GREEN BEANS - 1/2C CARROTS - 1/2C RYE BREAD - 2OZ. PEACHES & COTTAGE CHEESE - 1/2C MILK - 8OZ.	GRILL CHEESE W/BACON ON WW BREAD OR SUBMARINE SANDWICH BAKED BEANS - 1/2C PASTA SALAD - 1/2C CUCUMBER SALAD - 1/2C TOMATO SOUP - 3/4C FRUIT - 1/2C MILK - 8 OZ.
APRIL 9	APRIL 10	APRIL 11	APRIL 12	APRIL 13
PEPPER STEAK W/MUSHROOMS, GR PEPPERS, & ONIONS - 3 OZ. BROWN RICE - 1/2C CORN - 1/2C SALAD W/TOMATOES - 1C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	CHICKEN TACOS (2) W/CHEESE, TOMATOES, LETTUCE, SOUR CREAM - 3 OZ. SPANISH RICE - 1/2C REFRIED BEANS - 1/2C FRUIT - 1/2C MILK - 8OZ.	SLICED TURKEY IN GRAVY - 3OZ. STUFFING - 1/2C BROCCOLI - 1/2 C MASHED SWEET POTATOES - 1/2C CRANBERRY SAUCE - 1/2C FRENCH BREAD - 2SLS. MILK - 8OZ.	GRECIAN CHICKEN - 3 OZ. BAKED POTATO W/SOUR CREAM - 4 OZ. PEAS - 1/2C CREAM OF CELERY SOUP - 3/4C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8OZ.	SLOPPY JOE ON A BUN - 3OZ. COLE SLAW - 1/2C POTATO SALAD - 1/2C NAVY BEAN SOUP W/PORK - 3/4C FRUIT - 1/2C MILK - 8 OZ.
APRIL 16	APRIL 17	APRIL 18	APRIL 19	APRIL 20
CHICKEN LEG QUARTER - 3 OZ. O'BRIEN POTATOES - 1/2C SPINACH - 1/2C SALAD W/TOMATOES - 1C GARLIC BREAD - 2OZ. GRAHAM CRACKERS - 2 FRUIT - 1/2 MILK - 8 OZ.	SALISBURY STEAK W/MUSHROOMS & ONIONS - 3 OZ. MASHED POTATOES W/GRAVY - 1/2C LIMA BEANS - 1/2C CREAM OF CHICKEN SOUP - 3/4C FRENCH BREAD - 2SLS. FRUIT - 1/2C MILK - 8OZ.	ITALIAN GOULASH - 3 OZ. MEAT MIXED VEGETABLES - 1/2C SALAD W/TOMATOES - 1C GARLIC BREAD - 2OZ. FRUIT - 1/2C MILK - 8OZ.	CHICKEN PICANTE' - 3OZ. FETTUCINE IN VODKA SAUCE - 1/2C BROCCOLI - 1/2C 3 BEAN SALAD - 1/2C FRENCH BREAD - 2SLS. FRUIT - 1/2C MILK - 8 OZ.	TURKEY CLUB SANDWICH ON WW BREAD - 2 OZ. MEAT, 2 OZ. CHEESE, BACON, LETTUCE HASH BROWN POTATOES - 1/2C GREEN BEANS - 1/2C CREAM OF POTATO SOUP - 3/4C FRUIT - 1/2C MILK - 8 OZ.
APRIL 23	APRIL 24	APRIL 25	APRIL 26 - TASTE OF SALERNO'S	APRIL 27 - ALTERNATE MEAL
CREAMY CHICKEN ALFREDO W/NOODLES - 3 OZ. GREEN PEAS - 1/2C SALAD W/TOMATOES - 1C FRENCH BREAD - 2SLS. FRUIT - 1/2C MILK - 8OZ.	STUFFED GR PEPPER W/TOMATO SAUCE - 3 OZ. MEAT BUTTERED NOODLES IN A MARINARA SAUCE - 1/2C CHICK TOMATO ROSA MARINA SOUP - 3/4C FRENCH BREAD - 2SLS. CARROTS - 1/2C FRUIT - 1/2C MILK - 8 OZ.	PULLED PORK ON A BUN - 3OZ. BAKED BEANS - 1/2C OVEN ROASTED POTATOES - 1/2C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.	CHICKEN VESUVIO - 2 OZ. LASAGNA W/MEAT - 2 OZ. VESUVIO POTATOES - 1/2C SALAD W/TOMATOES - 1C GARLIC BR - 2OZ. GR BEANS - 1/2C FRUIT - 1/2C MILK - 8 OZ.	ITALIAN BEEF OR ITALIAN SAUSAGE W/ GREEN PEPPERS ON A HARD ROLL - 3OZ. CORN - 1/2C CREAM OF BROCCOLI SOUP - 3/4C FRUIT - 1/2C MILK - 8 OZ.
APRIL 30	MAY 1	MAY 2	MAY 3	MAY 4
SWEDISH MEATBALLS - 3 OZ. NOODLES W/GRAVY - 1/2C PEAS AND CARROTS CREAM OF SPINACH SOUP - 3/4C FRENCH BREAD - 2SLS. FRUIT - 1/2C MILK - 8 OZ.				

TO RESERVE CALL 708-354-1323

## SALERNO'S CONGREGATE ACTIVITIES FOR AGING CARE CONNECTIONS - APRIL 2018

MONDAY APRIL 2	TUESDAY APRIL 3	WEDNESDAY APRIL 4	THURSDAY APRIL 5	FRIDAY APRIL 6	
 12:45 P.M. -  CANDY BAR PO-KENO	10:00 A.M. - ADVISORY COUNCIL MEETING   12:45 P.M. - FORTUNE BINGO	 12:30 P.M. - ACES CARD GAME AGING CARE CONNECTIONS TRVIA	12:45 P.M. - PICK A NUMBER BINGO  	CHEESECAKE - \$1.00 DONATION  	
MONDAY APRIL 9	TUESDAY APRIL 10	WEDNESDAY APRIL 11	THURSDAY APRIL 12	FRIDAY APRIL 13	
 12:45 P.M. - POPCORN PO-KENO	12:45 P.M. - FORTUNE BINGO  	LUNCH AND MORE - HOPE LUTHERAN CHURCH	 12:45 P.M. - LOTTERY BINGO	12:30 P.M. - ICE CREAM SOCIAL - 50 CENT DONATION  MUST MAKE A RESERVATION  	
MONDAY APRIL 16	TUESDAY APRIL 17	WEDNESDAY APRIL 18	THURSDAY APRIL 19	FRIDAY APRIL 20	
12:45 P.M. - PUDDING PO-KENO   	12:45 P.M. - FORTUNE BINGO    CHEESE BALL DAY CHEESE & CRACKERS	COLORFUL LUNCH - PINK - ANY SHADE NO RIBBONS, SHOES, SOCKS, HATS - MUST BE A SOLID PINK   12:30 P.M. - HEARTLAND BANK - SPONSORS BINGO	10:30 A.M. - PVFD - BLOOD PRESSURE AND BLOOD GLUCOSE CHECKS   12:45 - BINGO  	VOLUNTEER RECOGNITION DAY  	
MONDAY APRIL 23	TUESDAY APRIL 24	WEDNESDAY APRIL 25	THURSDAY APRIL 26	FRIDAY APRIL 27	
12:45 P.M. - PO-KENO  	12:45 P.M. - FORTUNE BINGO  	AUCTION - MAKE ME AN OFFER  	 PRETZEL DAY - ENJOY  12:45 P.M. - BINGO	 FRENCH SILK PIE - \$1.00	
MONDAY APRIL 30	TUESDAY MAY 1	WEDNESDAY MAY 2	THURSDAY MAY 3	FRIDAY MAY 4	
12:45 P.M. - SURPRISE PO-KENO  