



Congregate Meals Program

Please join us for Lunch!

Salerno's Pizzeria & Sports Bar
9301 W. 63rd Street, Hodgkins, IL
Monday—Friday
Lunch begins at 11:30am

Older adults (age 60+) are invited to enjoy a freshly prepared, nutritious lunch and entertaining activities. To view the menu, please visit www.agingcareconnections.org.

Please call 708-354-1323 to make reservations and cancellations by **NOON** the day prior to attendance.

The program is funded in part by AgeOptions and Title III-C of the Older Americans Act.



The Senior Lunch Site is operated by Aging Care Connections, in partnership with Salerno's.

Se habla español.


















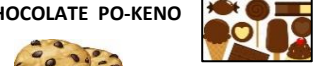









**Suggested
Donation
\$2.50**

SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - DECEMBER 2017

MONDAY NOVEMBER 27	TUESDAY NOVEMBER 28	WEDNESDAY NOVEMBER 29	THURSDAY NOVEMBER 30	FRIDAY DECEMBER 1
				GRILLED CHEESE W/BACON ON WHEAT BREAD - 3OZ. TOMATO SOUP - 3/4C BAKED BEANS - 1/2C COLESLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.
MONDAY DECEMBER 4	TUESDAY DECEMBER 5	WEDNESDAY DECEMBER 6	THURSDAY DECEMBER 7	FRIDAY DECEMBER 8 - ALTERNATE MEAL
CHICKEN PICANTE' - 3OZ. BAKED POTATO - 4 OZ. BROCCOLI W/CHEESE - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	SWEDISH MEATBALLS - 3 OZ. BUTTERED NOODLES - 1/2C GREEN BEANS - 1/2C SALAD W/TOMATOES - 1C FRENCH B READ - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	TILAPIA - 3OZ. MAC AND CHEESE - 1/2C BAKED BEANS - 1/2C SALAD - 1C GARLIC BREAD - 2OZ. FRUIT - 1/2CC MILK - 8 OZ.	BREADED PORK TENDERLOIN - 3OZ. MASHED POTATOES W/GRAVY - 1/2C SAUERKRAUT - 1/2C PICKLED BEETS - 1/2C RYE BREAD - 2 OZ. GRAHAM CRACKERS - 2 APPLESAUCE - 1/2C MILK - 8 OZ.	TURKEY CLUB ON WHOLE WHEAT BR OR SUB SANDWICH - 3OZ. MEAT MUSHROOM SOUP - 3/4C PASTA SALAD - 1/2C MIXED VEGETABLES - 1/2C FRUIT - 1/2C MILK - 8OZ.
MONDAY DECEMBER 11	TUESDAY DECEMBER 12	WEDNESDAY DECEMBER 13	THURSDAY DECEMBER 14	FRIDAY DECEMBER 15
CHEESE RAVIOLI (2) - 3OZ. SALAD W/TOMATOES ZUCCHINI - 1/2C GARLIC BREAD - 2OZ. FRUIT - 1/2C MILK - 8OZ.	CHICKEN TACOS (2) W/ CHEESE, SOUR CREAM, LETTUCE, TOMATOES, ON WHOLE WHEAT TACO SHELLS - 3OZ. REFRIED BEANS - 1/2C SPANISH RICE - 1/2C FRUIT - 1/2C MILK - 8OZ. 	CHICKEN PARMESAN - 3OZ. MOSTICIOLLI - 1/2C GREEN BEANS AND CARROTS - 1/2C GARLIC BREAD - 2OZ. FRUIT - 1/2C MILK - 8OZ.	PEPPER STEAK W GREEN PEPPERS AND MUSHROOMS - 3 OZ. BROWN RICE - 1/2C CAULIFLOWER - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8OZ.	PULLED PORK ON A BUN - 3OZ. CREAM OF CELERY SOUP - 3/4C COLESLAW - 1/2C POTATO SALAD - 1/2C FRUIT - 1/2C MILK - 8OZ.
MONDAY DECEMBER 18	TUESDAY DECEMBER 19	WEDNESDAY DECEMBER 20	THURSDAY DECEMBER 21	FRIDAY DECEMBER 22 - ALTERNATE MEAL
SALISBURY STEAK W/ONIONS AND MUSHROOM - 3OZ. MASHED POTATOES W/GRAVY - 1/2C GREEN PEAS - 1/2C SALAD - 1C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8OZ.	CHICKEN SALERNO W/POTATOES, SAUSAGE, ONIONS, MUSH - 2 OZ. EACH CORN - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8OZ.	FETTUCINE ALFREDO W/CHICKEN - 3 OZ. CARROTS - 1/2C PEAS - 1/2C GARLIC BREAD - 2OZ. FRUIT - 1/2C MILK - 8OZ.	CHICKEN LEG QUARTERS - 3 OZ. STUFFING W/GRAVY - 1/2C SPINACH - 1/2C CORN - 1/2C FRENCH BREAD - 2 SLS. Cranberry Sauce - 1/2c MILK - 8OZ.	BEEF OR SAUSAGE SANDWICH ON HARD ROLL - 3OZ. POTATO SOUP - 3/4C SALAD W/TOMATOES - 1C BAKED BEANS - 1/2C FRUIT - 1/2C MILK - 8OZ.
MONDAY DECEMBER 25	TUESDAY DECEMBER 26	WEDNESDAY DECEMBER 27	THURSDAY DECEMBER 28 - TASTE OF SALERNO'S	FRIDAY DECEMBER 29
CLOSED 	MEAT LOAF - 3OZ. AU GRATIN POTATOES - 1/2C GREEN PEAS - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8OZ. 	PIZZA W/GROUND BEEF, CHEESE, ONIONS, GR PEPPER, MUSH - 2 OZ. EACH SALAD - 1C PICKLED BEETS - 1/2C FRUIT - 1/2C MILK - 8OZ.	EGG PLANT PARMIGIANA W/CHEESE - 3 OZ. CHICKEN VESUVIO - 2OZ. VESUVIO POTATOES - 1/2C SPINACH - 1/2C GARLIC BREAD - 2OZ. FRUIT - 1/2C MILK - 8OZ.	SPAGHETTI AND MEAT BALLS - 3OZ. ZUCCHINI - 1/2C CORN - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.

TO RESERVE CALL 708-354-1323

SALERNO'S CONGREGATE ACTIVITIES FOR AGING CARE CONNECTIONS -DECEMBER 2017

MONDAY NOVEMBER 27	TUESDAY NOVEMBER 28	WEDNESDAY NOVEMBER 29	THURSDAY NOVEMBER 30	FRIDAY DECEMBER 1
			12:45 P.M. - MYSTERY BINGO 	12:30 P.M. - CHRISTMAS AUCTION 
MONDAY DECEMBER 4	TUESDAY DECEMBER 5	WEDNESDAY DECEMBER 6	THURSDAY DECEMBER 7	FRIDAY DECEMBER 8
12:45 P.M. - PO-KENO  BROWN SHOES DAY - 3 WINNERS	10:00 A.M. - ADVISORY COUNCIL MEETING 12:45 P.M. - FORTUNE BINGO 	10:00 A.M. - CHRISTMAS COLORING 	12:45 P.M. - BINGO 	NATIONAL BROWNIE DAY \$1.00  12:30 P.M. - REPEAT AFTER ME GAME
MONDAY DECEMBER 11	TUESDAY DECEMBER 12	WEDNESDAY DECEMBER 13	THURSDAY DECEMBER 14	FRIDAY DECEMBER 15
12:45 P.M. - PO-KENO 	12:45 P.M. - FORTUNE BINGO   POINSETTA DAY - 3 WINNERS	NO SCHEDULED ACTIVITIES 	12:45 - BINGO 	12:30 P.M. - ACES CARD GAME  LEMON CAKE DAY \$1.00 
MONDAY DECEMBER 18	TUESDAY DECEMBER 19	WEDNESDAY DECEMBER 20	THURSDAY DECEMBER 21	FRIDAY DECEMBER 22
12:45 P.M. - EVERYTHING CHOCOLATE PO-KENO  CHOCOLATE CHIPS COOKIES - 50 CENTS	12:45 P.M. - FORTUNE BINGO 	12:30 P.M. - HEARTLAND BANK SPONSORS BINGO 	10:30 A.M. - PVFD - BLOOD PRESSURE & BLOOD GLUCOSE CHECKS  11:00 A.M. - RAFFLE  11:45 - LUNCH CHRISTMAS FORTUNE BINGO (see flyer)	COLORFUL LUNCH - RED - 3 WINNERS 
MONDAY DECEMBER 25	TUESDAY DECEMBER 26	WEDNESDAY DECEMBER 27	THURSDAY DECEMBER 28	FRIDAY DECEMBER 29
CLOSED Merry Christmas 	12:45 P.M. - FORTUNE BINGO 	MAKE SNOW FLAKES DAY - RESERVATIONS BY 12/22  FRUIT CAKE DAY - 2 WINNERS	12:45 P.M. - BINGO 	10:30 A.M. NEW YEAR EVE'S PARTY 