



# **Congregate Meals Program**

## **Please join us for Lunch!**

**Salerno's Pizzeria & Sports Bar**  
**9301 W. 63rd Street, Hodgkins, IL**  
**Monday—Friday**  
**Lunch begins at 11:30am**

Older adults (age 60+) are invited to enjoy a freshly prepared, nutritious lunch and entertaining activities. To view the menu, please visit [www.agingcareconnections.org](http://www.agingcareconnections.org).

Please call 708-354-1323 to make reservations and cancellations by **NOON** the day prior to attendance.

The program is funded in part by AgeOptions and Title III-C of the Older Americans Act.



The Senior Lunch Site is operated by Aging Care Connections, in partnership with Salerno's.





Se habla español.

**Suggested  
Donation  
\$2.50**













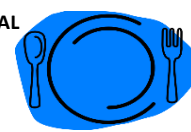


















## SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - JANUARY 2018



| MONDAY<br>JANUARY 1  | TUESDAY<br>JANUARY 2  | WEDNESDAY<br>JANUARY 3  | THURSDAY<br>JANUARY 4   | FRIDAY<br>JANUARY 5 - <b>ALTERNATE MEAL</b>   |
|--|---|---|---|---|
|   | CHICKEN LEG QUARTER - 3OZ.<br>STUFFING W/GRAVY - 1/2C<br>AUGRATIN POTATOES - 1/2C<br>CORN - 1/2C FRENCH BR - 2SLS.<br>CRANBERRY SAUCE - 1/2C<br>MILK - 8 OZ.            | SALISBURY STEAK W/ONIONS & MUSHROOM - 3OZ.<br>MASHED POTATOES W/GRAVY - 1/2C<br>GREEN BEANS - 1/2C<br>FRENCH BREAD - 2 SLS.<br>FRUIT - 1/2C MILK - 8 OZ.            | PULLED PORK ON A BUN - 3OZ.<br>POTATO SALAD - 1/2C<br>COLESLAW - 1/2C<br>BAKED BEANS - 1/2C<br>FRUIT - 1/2C<br>MILK - 8OZ.  | HOT DOG OR HAMBURGER ON A BUN - 3OZ. CHILI - 3/4C<br>HASH BROWN POTATOES - 1/2C<br>CARROTS - 1/2C<br>FRUIT - 1/2C<br>MILK - 8OZ.                                  |
| MONDAY<br>JANUARY 8  | TUESDAY<br>JANUARY 9  | WEDNESDAY<br>JANUARY 10   | THURSDAY<br>JANUARY 11  | FRIDAY<br>JANUARY 12  |
| CHICKEN CACCIATORE - 3OZ.<br>SPAGHETTI - 1/2C<br>SPINACH - 1/2C<br>MIXED VEGETABLES - 1/2C<br>GARLIC BREAD - 2OZ.<br>FRUIT - 1/2C MILK - 8OZ.  | HOT CORNED BEEF SANDWICH ON RYE BREAD - 3OZ.<br>CABBAGE - 1/2C<br>BOILED POTATOES - 1/2C<br>FRUIT - 1/2C<br>MILK - 8OZ.   | SHEPHERD'S PIE W/MASHED POTATOES 3 OZ. MEAT<br>GREEN BEANS - 1/2C<br>CREAM OF MUSHROOM SOUP - 3/4C<br>FRENCH BREAD - 2 SLS.<br>FRUIT - 1/2C MILK - 8OZ.             | STUFFED CHICKEN BREAST - 3OZ.<br>STUFFING W/GRAVY - 1/2C<br>CORN - 1/2C<br>SALAD W/TOMATOES - 1C<br>FRENCH BREAD - 2 SLS.<br>FRUIT - 1/2C MILK - 8OZ.               | SLOPPY JOE ON A BUN - 3OZ.<br>PASTA SALAD - 1/2C<br>COLE SLAW - 1/2C<br>BAKED BEANS - 1/2C<br>FRUIT - 1/2C<br>MILK - 8OZ.   |
| MONDAY<br>JANUARY 15   | TUESDAY<br>JANUARY 16   | WEDNESDAY<br>JANUARY 17   | THURSDAY<br>JANUARY 18  | FRIDAY<br>JANUARY 19 - <b>ALTERNATE MEAL</b>  |
| CLOSED<br>  | BREADED PORK TENDERLOIN - 3 OZ.<br>MASHED POTATOES W/GRAVY - 1/2C<br>SAUERKRAUT - 1/2C<br>SALAD W/TOMATOES - 1C<br>FRENCH BREAD - 2 SLS.<br>FRUIT - 1/2C<br>MILK - 8OZ. | CHICKEN TACOS ON WHOLE WHEAT TORTILLA (2), W/CHEESE, LETTUCE, TOMATO, SOUR CREAM - 3OZ.<br>REFRIED BEANS - 1/2C<br>SPANISH RICE - 1/2C<br>FRUIT - 1/2C MILK - 8 OZ. | CHICKEN PARMESAN - 3OZ.<br>MOSTACCIOLI - 1/2C<br>GREEN BEANS - 1/2C<br>CARROTS - 1/2C<br>GARLIC BREAD - 2 OZ.<br>FRUIT - 1/2C<br>MILK - 8OZ.                        | CHEESE PIZZA OR PIZZA W/ MUSHROOMS, GREEN PEPPER, ONIONS, SAUSAGE - 3OZ.<br>PICKLED BEETS - 1/2C<br>CREAM OF CELERY SOUP - 3/4C<br>FRUIT - 1/2C MILK - 8 OZ.      |
| MONDAY<br>JANUARY 22   | TUESDAY<br>JANUARY 23   | WEDNESDAY<br>JANUARY 24   | THURSDAY<br>JANUARY 25 - <b>TASTE OF SALERNO'S</b>  | FRIDAY<br>JANUARY 26  |
| PEPPER STEAK W/GREEN PEPPERS & MUSHROOMS - 3OZ.<br>BROWN RICE - 1/2C<br>CAULIFLOWER - 1/2C<br>FRENCH BREAD - 2SLS.<br>FRUIT - 1/2C MILK - 8OZ. | MEAT LOAF - 3OZ.<br>SCALLOPED POTATOES - 1/2C<br>PEAS - 1/2C<br>FRENCH BREAD - 2 SLS.<br>FRUIT - 1/2C<br>MILK - 8 OZ.   | CHICKEN SALERNO W/ SAUSAGE, POTATOES, MUSH - 3OZ.<br>BROCCOLI - 1/2C<br>NAVY BEAN SOUP W/PORK - 3/4C<br>FRUIT - 1/2C<br>MILK - 8OZ.                                 | CHEESE RAVIOLI - 3OZ.<br>EGGPLANT PARMAGIANA - 2 OZ.<br>SPAGHETTI - 1/2C SPINACH - 1/2C<br>SALAD W/TOMATOES - 1C<br>GARLIC BREAD - 2OZ.<br>FRUIT - 1/2C MILK - 8OZ. | ITALIAN SAUSAGE W/ GREEN PEPPERS & ONIONS - 3OZ.<br>FETTUCINE IN VODKA SAUCE - 1/2C<br>MIXED VEGETABLES - 1/2C<br>GARLIC BREAD - 2OZ.<br>FRUIT - 1/2C MILK - 8OZ. |
| MONDAY<br>JANUARY 29   | TUESDAY<br>JANUARY 30   | WEDNESDAY<br>JANUARY 31   | THURSDAY<br>FEBRUARY 1  | FRIDAY<br>FEBRUARY 2  |
| CHICKEN VESUVIO - 3OZ.<br>VESUVIO POTATOES - 1/2C<br>BROCCOLI - 1/2C<br>FRENCH BREAD - 2SLS.<br>FRUIT - 1/2C<br>MILK - 8OZ.                    | SWEDISH MEATBALLS - 3 OZ.<br>BUTTERED NOODLES - 1/2C<br>SALAD W/TOMATOES - 1C<br>PEAS AND CARROTS - 1/2C<br>FRENCH BREAD - 2 SLS.<br>FRUIT - 1/2C<br>MILK - 8OZ.        | FETTUCINE ALFREDO W/CHICKEN - 3OZ.<br>GREEN BEANS- 1/2C<br>SALAD - 1C<br>GARLIC BREAD - 2OZ.<br>FRUIT - 1/2C<br>MILK - 8OZ.   |    |    |

TO RESERVE CALL 708-354-1323

## SALERNO'S CONGREGATE ACTIVITIES FOR AGING CARE CONNECTIONS -JANUARY 2018

| MONDAY<br>JANUARY 1   | TUESDAY<br>JANUARY 2   | WEDNESDAY<br>JANUARY 3  | THURSDAY<br>JANUARY 4   | FRIDAY<br>JANUARY 5   |
|---|--|---|---|---|
| <p><b>CLOSED</b></p> <p></p> <p>This month is Lucky Number Month. Have the lucky number of the day and win a prize.</p>  | <p>10:00 A.M. - ADVISORY COUNCIL MEETING</p> <p>12:45 P.M. - FORTUNE BINGO </p> | <p>12:30 P.M. - YAHTZEE </p> <p> ECLAIRS - 50 CENTS</p>                   | <p>12:45 P.M. - BINGO </p>   | <p>12:30 P.M. - ACES CARD GAME </p>  |
| MONDAY<br>JANUARY 8   | TUESDAY<br>JANUARY 9   | WEDNESDAY<br>JANUARY 10   | THURSDAY<br>JANUARY 11  | FRIDAY<br>JANUARY 12  |
| <p>12:45 P.M. - ALL CHOCOLATE CANDY PO-KENO </p>   | <p>12:45 P.M. - FORTUNE BINGO </p>  | <p>COLORFUL LUNCH - MUST HAVE ON BLACK &amp; WHITE BLACK TOP &amp; WHITE BOTTOMS, OR WHITE TOPS &amp; BLACK BOTTOMS CHOCOLATE CHIP COOKIES - 50 CENTS </p> | <p>12:45 P.M. - MYSTERY BINGO </p>                                   | <p>BLUE PLATE SPECIAL DONATION \$1.25 </p> <p>- MEAL CARD CANNOT BE USED</p>   |
| MONDAY<br>JANUARY 15  | TUESDAY<br>JANUARY 16  | WEDNESDAY<br>JANUARY 17   | THURSDAY<br>JANUARY 18  | FRIDAY<br>JANUARY 19  |
| <p><b>CLOSED</b></p> <p><b>Martin Luther King Day</b> </p>   | <p>12:45 P.M. - FORTUNE BINGO </p>  | <p>WILD HAT DAY - 3 WINNERS </p>  | <p>12:45 - BINGO </p>  | <p>NATIONAL POPCORN DAY - FREE POPCORN </p>  |
| MONDAY<br>JANUARY 22  | TUESDAY<br>JANUARY 23  | WEDNESDAY<br>JANUARY 24   | THURSDAY<br>JANUARY 25  | FRIDAY<br>JANUARY 26  |
| <p>12:45 P.M. - PO-KENO </p>   | <p>12:45 P.M. - FORTUNE BINGO </p>  | <p>FRENCH SILK PIE - \$1.00 </p>  | <p>TASTE OF SALERNO'S</p> <p>12:45 P.M. - PICK A NUMBER BINGO </p> | <p> CHOCOLATE CAKE \$1.00 </p> <p>12:30 P.M. - ACES CARD GAME</p> |
| MONDAY<br>JANUARY 29  | TUESDAY<br>JANUARY 30  | WEDNESDAY<br>JANUARY 31   | THURSDAY<br>FEBRUARY 1  | FRIDAY<br>FEBRUARY 2  |
| <p>12:45 P.M. - PO-KENO  </p> <p>NATIONAL CORN CHIP DAY - FREE CORN CHIPS</p> | <p>12:45 P.M. - FORTUNE BINGO </p>  | <p>10:00 A.M. - COFFEE AND CUPCAKE - \$1:00  </p>                   | <p></p>  | <p></p>  |